

Manual Handling (optional CIEH certification)

To prepare delegates to look carefully at their work activities and contribute to the development of safer methods and tasks.



On completion of this course, delegates should be able to:

- Explain what is meant by the term ‘manual handling’ and give examples
- Explain how manual handling can cause injury and give examples
- State the principles for controlling manual handling risks and apply these in a practical context
- Demonstrate an understanding of the value and purposes of conducting a manual handling assessment
- Demonstrate an understanding of the main provisions of the Manual Handling Operations Regulations
- Understand the need to lift correctly

Optionally certificated by the Chartered Institute of Environmental Health

Duration: ½ day

In-Company Course (held at company premises)

Cost: £300.00+VAT up to 15 delegates (not CIEH certificated)
£450.00+VAT up to 15 delegates (including CIEH certification)
(cost includes travel to 20 miles round-trip, additional mileage charged at 49p/mile)

Date: TBA at time of booking